

## SYLVIA'S CORNER

### IRIDOLOGY AND THE SINGLES WARD

I was surprised when it happened. It was one of those things where again an alarm went off in my mind, but the Church was promoting it. So it should be alright, I thought.

A lady came to the Ward that claimed she could read the iris in our eyes in order to determine what diseases we would be prone to in the future. Why would they do this at church, I wondered.

Iridology is occultic. Iridologists claim that looking in the iris of the eye, they can see what's wrong with every organ in the body. The right side supposedly shows the organs on the right side of the body, and the left side shows the organs on the left. They claim that the eyes connect to the central nervous system. Iridology is a new age practice. It's based on the belief that energy systems run through the body.

What it really is, however, is a contact for divination expressly forbidden in the Bible. (See Deuteronomy 18) When I went up to have my eyes read, the Iridologist said that what they were telling me would happen in the future that protected them from mis-diagnosis because there was no evidence of a disease at the time. I submit to you that this is a spiritualistic practice. The information is psychic in nature, and is a form of fortune telling.

We all need to ask ourselves why it was allowed in the Mormon Church. In my opinion, it goes right along with the divination that Joseph Smith participated in. When it comes right down to it, Iridology does not belong in anyone's life. It brings bondage into the lives of those who participate. I have since renounced this practice and caution others against it. Any way we look at it, Iridology is **bad** medicine.